How to play Australian Doubles Formation

What is this formation: An aggressive doubles formation
Why use this formation: When a team have effective crosscourt returns.
When to use this formation: When the opponents have established a consistently, strong crosscourt returns. The returner(s) have neutralized the poacher(s).
What is needed to implement this formation: Good volleys, good movement forward and lateral. Good first serves (deep and placed)

There are 8 important elements that are involved in the Australian formation:

1) *Position of the server*—next to the small center mark .
2) *Server's strategy*— serve and volley and cover the service line area which is opposite your partner's area (based on your partner's signal).
3) *Position of the server's partner (poacher)* - on the same side of the server. Near the center line about middle of the box.
4) *Location of the Serve*—down the "T" unless you are able to expose a weaker return side.
5) *Communication*—Use signals or talk—open palm and closed palm (stay).
6) *How and when to Poach* - use shuffle and time the poach right after the bounce.
7) *How to do the "Fake" Poach.* U se the shuffle step to freeze receiver.
8) *What type of volley*—Decision to hit an offensive or defensive Poach based on "BBC". Offensive volley goes to the closer net player.

General Mindset:

1. Don't use this formation in a match situation unless you have practiced this formation for a few weeks.
2. This is a very aggressive doubles formation. Use this formation if your team is quick and likes to serve and volley.
3. Can use this formation once or twice in a game or use this formation for a few games in a row. The amount of time using this formation will be dependant on how effective it is. Is it producing more unforced errors? Is it breaking their rhythm and momentum? Has it exposed weaker returns such as a lob return or down the line return?